

Michele Jackman Enterprises & Adventures Helping you put the pieces together

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usOWLS and OWLWorks



Projects of Michele
Jackman Enterprises &
Adventures

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10 Worst-Paying Cities For Women

Women earn less than men in every part of the United States, although the gender pay gap varies considerably across the country. Women's median pay in Fresno, California was slightly lower than the typical pay of men, while in Provo-Orem, Utah women earned less than 60% of what men earned, the worst pay gap nationwide.

Read the whole article.

April is for fools...Respect your foolishness and create more of it.

In this issue are three Goals and FIVE important rules.

"Open your eyes OWLS and become HOAXPROOF!"

A Jester was employed by a King to warn him of his own foolishness. I know am still working in this 8th decade to assist with that same ongoing foolishness we might choose as a person or as society. April always reminds me of my own "foolishness"-a list too long to share.

The great news is that we do become wise to foolish things around us. We are fools when we believe we can stop aging or scams. This is a billion dollar market with schemes, products, special cosmetic surgery, shots, and role models with whom we have nothing in common.

April fool's day... emphasizes our VIGILANCE toward absurdity. While foolish thinking has created some of the greatest inventions, we don't want to give up its creative force and leave all "foolish" thoughts behind. Maybe we end up living in less creative ways when we just "go along." Maybe we damage our innate sense of humor alerting us to nonsense.

GOAL #1 and the Five Rules of the Road

1) Plan for more Aprils: The idea that a number represents competence and another one stops it. The other day, a woman said to me-I wonder how many April's I have left? My reflexive response was, "how many do you want?" Then I added, "The oldest woman just died and chose 117. What probably led her to choose a final nap

4 Estate Planning Documents Everybody Needs

First and foremost, a good estate plan should do a minimum of two things:

Express how you want your hard-earned property to be managed and distributed after you pass

Address what will happen if you become incapacitated and aren't able to care for yourself.

Get started!

7 Tips for Launching a Second Career

Known as encore careers or recareering, second careers may be particularly appealing to older workers who are either ready for a change or find themselves unemployed and with few options in their current field.

More about second careers.

was the obsession of taking photos of her age and not understanding her long lasting joy and spirit.

- **2)** Go ahead and do something or buy something foolish . . . something you always really wanted to do, have, experience? What are you afraid of? How foolish!
- **3)** Believing that learning never stops. You can still get that degree and enjoy getting it when it is NOT about employment any longer. Use money earmarked for hospice and support a University or Vocational school, or take a class. Go back to school where you do the grading. The oldest law graduate in the 80's not only passed the "bar," but did not pass the one on the way home.
- **4)** Stop believing that the government is there to help you, rather than there to keep things running in the direction with or without you liking it. You are your own governance! Pay attention to how you vote.

5)

Find some new, younger friends who will outlive you and can "fool around with you!" Social support and community involvement still accounts for 85% of longevity and resilience without dementia.

GOAL #2 Don't be a real FOOL!

... believing you are in danger of a lawsuit, lien, or worse if you don't pay up: These phone, banking, and technology intrusions and scams are out of anyone's control now. Do NOT believe any phone call that demands money, or suggests it is the government. How can they call you, when even IRS says they can only answer 50% of them?

GOAL #3 Read the Fine Print

Read the fine print your heirs will have to read! Watch out for those BURIAL INSURANCE promises with EVERYTHING taken care of for your heirs. After you are dead, there may be no witness to what was promised. Son-in-law and Attorney, Dana Longo says the whole family better talk about what "EVERYTHING covered really means". The truth: Your loved ones have to deal with hidden charges later, and the horrible guilt that goes with even questioning final wishes. These extra costs could cost hundreds or even thousands. There are all kinds of additional costs, required permits, fees, and frills.

Finally, do what fools do best: Help others see the nonsense that will

Here's What Scientists Learned in the Largest Systematic Study of Email Habits

For one thing, you're shockingly predictable.
Where do you fit in?

Making Sense of Change construction of positive solutions and clearer action

Michele Jackman just wants us to get the most out of living. She has helped thousands of people be better at their jobs and their personal relationships while openly confronting issues and conflicts with a positive sense of humor.

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Want to call?

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Consultants and Contributors

Lou Thompson Patricia Brem Dana Longo help them laugh, learn, and live safer too!

Michele Jackman

Next month-

OWL Drivers ... funny and not so funny!

Are you foolish to keep on driving and what options you really have?

Looking Out for You

Need a motivational speaker? How about a good laugh?

Michele Jackman

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