



Michele Jackman Enterprises & Adventures

Helping you put the pieces together

December 2014

usOWLS and OWLWorks



Projects of Michele Jackman Enterprises & Adventures

Follow usOWLS and OWLWorks on the updated website
usOWLS.com

Holiday Home Safety Tips

usOWLS is always looking out for you and especially during the holidays when accidents seem to rise.

We found a good website to help you take care of yourself, your visitors, and your home. Take a look to make sure you are playing it safe!

International Association of Certified Home Inspectors, Inc.

Creating Diversity and Generational Harmony!

(usOWLS-OWLWorksSM)



Happiest of Holidays to all our followers of all ages!

Now is the TIME (a YULE tide) to ask Santa for things YOU desire!

Last month we encouraged you to give carefully. In December, it is time to ask **Santa Owl** for what **YOU** want and what joy you will manufacture to get it.

Here goes: Dear Santa...we OWLS have been good all year, not perfect, but good. Besides good will and health throughout 2015, our vision includes "doing **MORE with LESS** distractions from life, with less stress or regret." Instead, focus on the fun **NOT** the fear of losing our funds, stuff, or our minds. Meaningless over-activity, and technology stress (keeping up) is probably a prime source of high levels of stress for us all. **Remaining active and choosing our most *spirit enhancing activities* will lift us up and out of this dilemma.** But increasingly we don't **invest time or money** to spend together to do fun things. We are increasingly sedentary, stuck in traffic, hunting for unimportant things, trying to recall passwords, trying to remain **current** at the expense of new feelings of joy and accomplishment.

The latest news in the media: We have to also worry about someone "hacking" into our cars to stop them, take over controls we still don't get-egad. How can WE continue to hack it? Who fixes my Bluetooth, if hacked?

Older, Wiser, Laughing All the Way with Resilience

Examines current strategies of succession management and employee development in order to fast track staff members in all generational groups in the organization.

Objective: Explores the styles, stresses, and preferences of diverse and generational workgroups, personal pressures, and defines appropriate conduct supporting greater "emotional intelligence." Take the Net Mirth Audit to assess and improve the culture and climate.

[Contact Michele](#) to schedule this course for the new year.

Making Sense of Change

construction of positive solutions and clearer action

Michele Jackman just wants us to get the most out of living. She has helped thousands of people be better at their jobs and their personal relationships while openly confronting issues and conflicts with a positive sense of humor.

mjackman.com

Want to call? | 805.964.5668

Consultants and Contributors

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My dentist?

So sitting pretty savvy on Santa's lap...my three biggest asks, all reflect our OWL interests in 2015: Workplace, Driving and Safety, and End-of life options and protocols that will impact all ages.

First on my list for usOWLs 2015 is greater equity and training for the growing number of part-time workers who are increasingly denied new benefits, holiday pay, and overtime even though they often perform at a higher level of high performance, and maximize the use of their time. **Cheers go to those who train and compensate part time workers beyond what is required and who experience the benefits.** Part-time work is often lumped into full time worker statistics for "employment," yet this group constitute what I have worried about for years: the new slavery-while they may be paid a bit more, they are treated like they have less value overall with these common HR practices, which harm their futures, as well. I saw a resume recently with 6 part-time job entries over 10 years?

Wish #2 for all OWLs of all ages: Learn from the latest research that tells us that older drivers are actually much safer drivers, and more alert than younger ones. DUH? Obvious, you may think? But this research confirms that older drivers do have more awareness of *what is going on around them* while driving.

Only problem is with this ***expanded brain awareness***, they may, according to an LA Times article, make us more likely to try to avoid hitting that skunk at their own peril or gaze too long at the advancing horrors seen in our rear view mirror. So let's all slow down a few MPH and drive with enhanced vigilance. It is not dementia to pay attention to the law-it is wisdom.

The 3rd wish is for better "end-of-life protocols" that include preventing unnecessary suffering. In my sister's Connie's case, she was forced to stay alive against her wishes and to suffer emotionally. She passed away after a long struggle on November 13. While she had no pain, our wealth draining health care system is a pain-she was humiliated by being totally dependent, and just waiting. She was grateful for the level of costly care she had, but she was forced to live longer than desired or wise. **Is this just another long line to stand in without being able to take a stand?** We will explore this difficult question in the future for over-whelmed caregivers.

**A final wish,
more positive wish for
YOUR Holidays:**

May you and all you love really appreciate how lucky and blessed we are for making it this far, and for this long. The number we celebrate should be the number of new people we daily greet and meet of all ages. We can be the software upgrades for those who are younger and wondering what the tree of life provides. Tell your story this season and illuminate the hope! Ho...Ho...Ho. **Humor Overcomes**, not passivity, nor hate.

Looking Out for You

Need a motivational speaker?

How about a good laugh?

Michele Jackman

Author | Speaker | Humorist | Trainer

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