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**JULY 2015** 

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## THE THEME THIS MONTH IS THE LOST "RIGHT FOR COMPASSIONATE CARE"

**Quote from LA Times:**"It's unconscionable that California cannot seem to pass a modest, sensible bill that would allow people to end their lives peacefully and painlessly."

We agree! This is our theme following a 4th of July disappointment and a need for a rewrite. The legislators could not keep this *simple and clean*, a real problem in policy making today, and they did not follow the 70% public support for a basic and much needed law which was in line with other existing laws on elder and medical abuse. Anecdotes are about real citizens.

MORE on this later . . .let's start positively with celebration and positive insights.

First: Along those lines . . . for our Book of the Month, thanks to OWL Deb A.

A Man Called OVE, by Fredrik Backman (a Swedish bestseller I almost missed). Perfect for an Owl bookclub pudding, wine, or even pity party). An uplifting and humorous story of an old depressed guy, who is widowed and seeks to commit a well-planned and considerate suicide. His nature for helping others in his own way keeps him alive and us laughing all the way, as he encounters all the frustrating events and controls in daily life one faces. It is a story of freedom and compassion, and ironically suggesting subtle ways to prevent suicide. Ultimately, it is a story of the right to die in the right way-with rights and property intact.

**NEXT, the OWL AWARDS - This month going to two centenarian people I knew nothing about -** but people I met in random obituaries I read about selfless acts, carried out quietly by the invisible leaders of real change.

First, give a HOOT to Nicolas Winton (1909-2015). He was rich

Retirement Communities, and Home Care in our nationwide directory. Compare photos, maps, prices, amenities, and services offered.

# News you may have missed

Harper Lee's long-awaited second novel, Go Set a

Watchman, is set for release on July 14. In response, independent bookstores around the country are preparing for the biggest book release since the golden days of Harry Potter.

How I Made \$1,013 At A Garage Sale - 101 Of My Very Best Yard Sale Tips! Read about It!

**Battery Storage Tip:** Don't Let 9-Volt Batteries Touch... Could Start A Fire!



### **Choosing a Contractor**

- Ask for multiple current references that you can contact about work the contractor performed.
- Ask the contractor to provide a cost-estimate in writing for any work they will do.

enough (we still need to foster wealth, as well as wisdom) to save children before the holocaust took them to a certain death. Before the outbreak of the genocide of WWII, when others were making excuses, including our own country, he personally funded 8 trains of children to the UK, paid for their return, and many had prominent careers. (BBC Documentary: "Nicky's Children"). He was silent about this gesture for over 50 years and only recently was honored in this Century. He gave a hoot . . . that's compassion.

**Next,** an **OWL** Award goes to another lesser known real heroine-Susan Ahn Cuddy (1915-2015). She is believed to be the *FIRST Asian American Naval Officer and Gunnery Officer* in WWII. We know about her because of a recent biography tracking an amazing and pioneering career of promoting social justice and *a sense of freedom* given her by her Korean father.

### A "Wonder Woman" pioneer of her time, she died in her sleep just short of the 4th of July

and after inspiring young leaders the day before at a Korean American Leadership camp to "aim high"-not surprising if one is a gunnery officer in the Navy and working for those far off targets of justice and freedom for all. The young leaders loved hearing her determination to take it and stay the course despite any prejudice about gender, race or age! Seems she was ready to rest after handing off her final message with a BANG!

## Passing the message on is still the role of Elder Owls. July begins an ongoing appreciation of our Country and its sacred

**foundations,** and brings new energy to a message of unity and community. As you may recall, when John Adams (2nd president) was dying, he said with relief about his best friend and ideological foe, "At least Jefferson sill lives." (. . . to carry on the *message*). What Adams did not know was Jefferson died on the same day-July 4th 1826 at 83. Any fireworks that day, I believe, were symbolic not just for a war for rights, but for the transfer of their commitment.

## GOT COMPASSION? THERE IS GOOD NEWS AND BAD NEWS FOR USOWLS THIS JULY 4TH

Bad news: We are losing our *right to choose the end of life quality* we still seek.

I usually love the 4th of July! Warmth, flags, music, unity, temporary sense of community, and common purpose despite differences in views. I was sure I could celebrate California's important "Right to a Compassionate Death" law, as well. WRONG,

- Make sure they are licensed and insured contractor.
- The contractor should certify that their work conforms to state and local regulations and codes.
- Verify that the contractor carries workers' compensation insurance.
- Make sure the contractor has experience and will use energy-efficient equipment.

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# Consultants and Contributors

Lou Thompson Patricia Brem Dana Longo and whoops . . . there goes another individual freedom for usowls.

I was sure California SB128 would easily pass the Assembly, as well as it passed in the the Senate, given the California culture of anything goes that usually steers the whole nation. It failed, buckling under to irrational assumptions about controlling life and death. The "Right to a compassionate death" failied despite great public support for it. Seems to be a trend. The public be damned?

Hello? Oregon with the "Right to Die" has neither seen or reported any "scary" or "criminal" increases. Doctors there know this is a revitalization of their ancient Hippocratic oath (now forgotten) - Do no harm. Filling people with lots of different drugs to keep them alive, using equipment to do it, and impoverishing people is wrongheaded, if you wish to do no harm. Duh: Even with this law passing, choice and freedom would have remained so one could follow one's own moral rudder. Dumping lots of expensive drugs into people to prolong life and prevent suffering is an outrageous overuse of power over someone's consciousness and dignity, holding them hostage to fears of suffering.

And so, let's end with a symbolic story and much needed laugh from babes - As the story goes: On the way home, delivering the kids, a fire truck zoomed by grandpa with siren blaring and a Dalmatian sitting up front, proud and vigilant. The children started commenting on the role of the Dalmatian - "They use him to keep crowd back," said one with a know-it-all attitude. "No," said a second correcting, "They bring him for luck." The youngest sighed, and stated with conviction so to stop any further argument, "It's obvious if you look and see. They use him to find fire hydrants!"

So, calling all-age Owls! It's a three alarm fire now for us older birds, in the many areas of our right to function, drive, vote, be respected and participate in our own life choices. Our Bill of Rights was intended to stop suffering of any kind and replace it with compassion for the basic rights of all individuals, for their own life choices, as long as they did no harm to others. We had better stay alarmed and fight for our right to a decent death and for the protection of our property.

The message of July 4th has lived on, with memory failing, it seems, and we must educate all-age owls for more intelligent and deliberate compassion while listening for "new nonsense" we must counter!

Michele Jackman