

# Michele Jackman Enterprises & Adventures Helping you put the pieces together

#### usOWLS and OWLWorks



Projects of Michele Jackman Enterprises & Adventures

Follow usOWLs and OWLWorks on the updated website usOWLs.com

### usOWLs updates Website

#### Here's what's new!

- Larger font size
- New links to useful information
- End of Life section
- Expanded PowerPoint list
- New catalog of Michele's training options

Not a lot of bells and whistles

Just plenty of information

Links to sites that are instructive, informative, and intriguing

Ads purposefully kept off this site

# What can you learn from YouTube?

Quora is a place to share knowledge and better

Whenever you find the ability to see humor in a difficult situation, you immediately win!

## **The SEVEN Daily Humor Rules**

#### Have a good laugh everyday!

Learn to laugh at situations or silly mistakes

every day or at least once every day. Say AHA!
when you discover something funny or absurd.

#### Smile in the face of every crisis!

Stop, look, and smile first before acting. Put on

2 the brakes to your negative emotions. Say "interesting" before you blow IT!

#### **Express gratitude everyday!**

Notice and remember 3 people who have done something nice, and acknowledge them. Make their day!

#### Only spread good gossip!

Imagine good things happening in the future

4 and spread the word.

understand the world. It's a platform to ask questions and connect with people who contribute unique insights and quality answers.

To get full access to Quora, you will need to sign up.

# What are the 5 best weather websites?

LifeHacker has a few ideas.

mjackman.com Want to call? | 805.964.5668

# Consultants and Contributors

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#### Put humor in your heart and send it!

Help others laugh and lighted up when life presents a struggle.

### Get others to agree to a "no blame life game!"

Lead others to solve a problem without

6 harming or blaming others.

### Cheer yourself first!

7 Remain convinced you're a good person by being a good person "on purpose" with a purpose.



Michele Jackman

# **Looking Out for You**

Need a motivational speaker? How about a good laugh?

Michele Jackman
Author | Speaker | Humorist | Trainer
Michele Jackman Enterprises & Adventures

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