



usOWLs.com *LookOut*

Great news: We are ready to launch new chapters to our lives, and a harvest of ideas and laughter to share with others.

As Will Rogers, great Humorist of the 20th Century put it, "Eventually, you stop lying about your age and start bragging about it." Guess what? Be thankful and start bragging about how lucky you are to still be here with lots of new adventures, and things you want to do—to create, contribute, or just have a good laugh every day. Our site promises that kind of feast—of information, of ideas, and as a place to share ideas, warnings, and hope for a life FULL until the last breath. We who created **usOWLs** have so much to be thankful for this year, despite all the darkness of the time, the ambiguity about the future, and the terrible things that have happened to others and in our family circles with the various challenges of illness, flood, and fire.

Thanksgiving should be a favorite time of increased appetite for connection, singing, dancing, and laughing with those who still do away from the daily worries and woes. Please help us connect with other "owls," friends and associates now mature, wiser to be sure, and desiring to remain vibrant and clear about what they want from life—a full and fun life. Give us your ideas on making this a "first stop along the way each month." Reach out and share with us your successful aging strategies and accomplishments to inspire others in our network to do the same. Join us for online webinars and informative articles from **usOWLs**.

As we launch our first monthly news update and outlook on the **LOOK OUT** for you, we hope and pray you will help us connect with others in need of new vision, support for their lifestyle, and a strong desire to face all future moments with an attitude that we are all "chronologically" enhanced as we add minutes, months, and years to our lives. **We hope you find new breath; and join us on a journey that keeps you connected, safe, and thriving in the knowledge there are "usOWLs" everywhere who want to feed you with new insights.**

"Laughter is the shortest distance between two people," as a zany pianist, Victor Borge, made all of us aware that we can get over whatever life mistakes haunt us. First and

foremost, **usOWLS** hopes to connect you with others who are laughing and not whining, doing things up to the last breath rather than just prolonging life. Most important, we will bring you messages and information that will help make your life more rewarding, be a medium to share how you are doing this, and help find what you need to keep on watch and giving a hoot.

*Michele Jackman, MSW, MA – Chief Executive Officer and Marketing Director – **usOWLS***

[Print this article](#)

[Print The Twelve Warning Signs of a Healthy Outlook](#)

November is a time for all **usOWLS** to be Thankful!

Patti wants you to know why she is thankful.

"This year was filled with especially blessed moments for my family. My sister survived a blood clot in her leg and greatly benefitted by the sale of her home to a man who just lost his son in a tragic accident. Our lives cross one another in sometimes strange and amazing ways."

[Read more of Patti's story.](#)

usOWLS.com Wants You to Pay Attention

Out of the devastation caused by Hurricane Sandy come thousands of personal stories . . . some may even be revealed in the press.

Here's what **usOWLS.com** is hearing:

- FEMA is present and doing a good job.
- We need to work harder at making sure our elderly are evacuated, even when they don't want to leave their homes.
- There are good charities and even better charities if you want to make a donation. Check out what your local church or Salvation Army is doing. If you belong to a veterans' organization, find out what it is doing to pitch in.
- Avoid scams! Before you donate or hire someone to help you rebuild, check 'em out.

usOWLs.com is looking out for you . . . spiritually, mentally, and physically . . . with tips for living, working, retiring, and traveling. We hope you'll join us on the ride!

Sincerely,

Michele Jackman
Chief Executive Officer and Marketing Director

Patricia Brem
Chief Operations Officer

Lou Thompson
Director of Creative Technology

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