



Michele Jackman Enterprises & Adventures

Helping you put the pieces together

November 2014

usOWLS and OWLWorks



Projects of Michele Jackman Enterprises & Adventures

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A New Year's Resolution for Your Business

The W.O.W. 5 Strategy aka High Performance Teams

Create increased personal and team motivation to work on difficult situations, time

November News!

Road sign when life gives you a curve.



October flew by with the beginnings of fall which never came and leaving us in California parched. Work kept me a road warrior with many trips to Sacramento to nourish the minds of all generation workers still intent on remaining active contributors to a balanced life and a saner world (which is still a "coming attraction").

Let's start the new month by *patting ourselves on the back* right now for surviving the information age blitzes, and the politics that sack us like quarterbacks with divisiveness, sad stuff, and excess email attacks from who knows where!

Thank you for staying with usOWLS in the face of too many social media intrusions.

Quote of the Month:

In October we were gifted with a concert and in the program's full page ad was this quote by painter Picasso-**Youth has no age**...and I would add,... and brings us only gifts needing to be opened.

Our expanded social relationships also qualify as we gift ourselves with new friendships and encounters with all ages whenever possible. Older people, and family caregivers keep telling me, "All their friends are gone"

management issues, and multi-generational coordination as the workplace profile shifts into a *next generation of work processes* mode.

A set of tools and processes for immediate application are provided. Also, ideal for smaller companies or organizations seeking to have a healthier long term culture of self managing teams and people, and who have limited resources.

[Contact Michele](#) to schedule this course for the new year.

The Values of Elders

Please, treat us as elders not as children with no sense; our physical needs may be our only difficult dependencies in common with infants.

Invest a bit more time and Listen deeply, mindful that our shared history is sacred.

Be more patient and talk things more slowly; we have lots of information to move aside so we can focus.

Not to ask us memory questions few can answer quickly; let's just look it up in media tools.

To be more patient with our delays; efficiency is what we want, too.

Not to impoverish our souls as our hard earned resources are drained away from our control.

Please still love us; we often

leaving only depression behind, and we know that single fact contributes to dementia. I, too, have lost dear friends this year, but revisited forever moments again spent in fun and laughter.

The key is to share stories about them with others so their stories/presence/presents are still active. Also, it is important to create moments of laughter with someone from the 11 generations as we head in Thanks and Giving.

Trust me-there are enough Centenarians to find and cheer on in this impending holiday season. Bring along some kids to read to older people and songs to share with them.

I intended write about gift giving in a senior's name this month, but I am finding corruption, in even the best of global charities, and now believe it is best to give to local one, or the [Water Funds](#), where people get real support and follow-up greater sanitary conditions. Check out possibilities www.charities.org and watch out for the declining ratings of charities that sound good, but do not measure effectiveness or cost more than they share.

Here is another important idea from Asia, in this case, India, where intergenerational socializing is required not just encouraged.

Indian children spend at least one hour a week with the elderly.

In our country, we do not plan to care for your family, and often have little appreciation about

cannot help how we are now.

Future OWLWorks Seminars

Still Driving 2015?

What has changed, what you need to learn to do, and how to do it? Get discounts as a mature and re-educated driver. (We will come to your group.)

Walk your Talk, then Wine with US!

Join the national and California Walk and Talk Movement in your area and end with intergenerational socializing.

The Colors of Your Humor

Using Humor Wisely. Set new levels of intelligence and resilience (based on my course delivered to UCSC audiences).

In the Spring...

Respite camp for Caregiver Relatives

Rest, regroup, rethink options without guilt. OWL Camp Sessions for couples planning the rest of Life and seeking ongoing YOUTH. (Santa Barbara Spring Training)

Making Sense of Change

*construction of positive solutions
and clearer action*

Michele Jackman just wants us to get the most out of living. She has helped thousands of people be better at their jobs and their personal relationships while openly confronting issues and conflicts with a positive sense of humor.

how important is it to KEEP
connecting generations with
them to offload their pain and
stress and prevent dementia.

October ended with Halloween and the first rain of the season!

This was a mean trick for the kids, and a treat for us gardeners, walkers, and drinkers who needed a bit more H2O so as not to dampen our spirits or get more wrinkled.

Fortunately, it did not pour until kids with buckets of sugar treats were in their beds dreaming of eating them. My daughter, Renee or Rain as she is called (pun intended) , has a better idea. Each of her 3 children pick ten pieces and give the rest to a "Halloween witch" (probably a member of the American Dental Association). She leaves good gifts at the door in exchange.

Question of the Month:

How can you implement your own daily philosophy of life into daily living? A corollary would be, *"Are you really sharing your own personal and unique gifts?"*

For me, it is bringing hope and laughter to everyone I meet in order to bring more order to lives. Share your presence and give the cost of respite time to your friends/coworkers who are caring for parents.

Make November about gifting of your wisdom, your insatiable youth, and your laughter in the face of all of it. Find a source and give yourselves some RESPITE from the daily responsibilities robbing you of your own decade's fun.

mjackman.com

Want to call? | 805.964.5668

Consultants and Contributors

Lou Thompson

Patricia Brem

Dana Longo

Creative and socially meaningful gifts for all age OWLS

We have searched for unusual website companies that you may find exciting given their commitment to the environment, sustainability, and respect for their employees.

- UncommonGoods.com
- BetterWorldBooks.com
- unitedbyblue.com
- NoOneWithout.com

The B Corps above are certified by the nonprofit B Lab to meet rigorous standards of social and environmental performance, accountability, and transparency.

Looking Out for You

Need a motivational speaker?

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Michele Jackman

Author | Speaker | Humorist | Trainer

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