



Michele Jackman Enterprises & Adventures

Helping you put the pieces together

October 2014

usOWLS and OWLWorks



Projects of Michele Jackman Enterprises & Adventures

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usOWLS.com

Making Sense of Change

construction of positive solutions and clearer action

Michele Jackman just wants us to get the most out of living. She has helped thousands of people be better at their jobs and their personal relationships while openly confronting issues and conflicts with a positive sense of humor.

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Want to call? | 805.964.5668

Interesting! A Survey of the Month supporting our efforts for safer driving.

As the season changes to more darkness you getting enlightened and inspired by new

Heads up!

An End of Month OWL NEWS replaces our mid-month model.

From conversations with other OWLS, the end of the month (which is really a new beginning) is more likely to be read and the message shared forward.

Why the change? By the end of each month I know what happened to all my friends, my funds, my feelings about certain people and things. I can recall some laughs and moments with younger folks being mentored and mentoring them. By the end of the month I can vow not to do some things again. End of month is also how accountants do their reviews of what really happened to all those things intended.

They call this season FALL for many reasons. As the sun goes down earlier, our feet can deceive us more. We DO become a real "fall risk" at any age, when our minds are not aligned with what our eyes and minds tell us, and so:

- **We could literally fall.** Use a lovely walking stick or carry a flashlight now.
- **We could fall for new scams, diets or miracle products on info commercials.** Watch out!
- **We could still fall for generalization and limitations within our assigned decade,** being too young or too old to be doing what we are doing. Fight back!
- **But, we could fall in Love again** (why not) especially if your memory is going. You will forget silly little annoyances, and not create a history of unhealthy dramas in loving relationships.
- **And, we must fall out of line** with conventional wisdom that we are over a hill, losing value, etc. etc.

information? Check out this [survey of the month](#) about rude drivers and their behaviors- and which states are perceived to have the rudest drivers? We are moving into this arena to help all generations understand the new laws and safer driving. Seniors are often the victims of poor driving and lawlessness not the cause of accidents. One has to be on the offense not just the defense when driving now, and it feels like there is less enforcement of serious violations.

States with Rudest Drivers

When asked what makes them most mad about other drivers, people said:

- Talking on a cellphone while driving - 47%
- Tailgating - 37%
- Not signaling turns - 35%
- Weaving in and out of lanes - 28%
- Driving too fast, like every road is a highway - 26%

[See Survey Results](#)

Source: Insure.com. Respondents could choose more than one answer from 18 choices.

etc. and stop our feelings of "fading away." As they say in movie direction: **FADE IN.**

So let's test our end of month model- with "visioning" for October?

Complete this thought with some friends: **This Fall season I will ___ and I won't ___ and I will make it sound FUN.**

The founding fathers universal message gets me started and acts like prayer: ". . . a more perfect union (of me with myself), based on life (quality), liberty (independence) and the pursuit of happiness" (what makes me more happy).

How about this: ***One less bite (bad stuff), but one more toast with friends.***

To paraphrase Laurie Beth Jones, [The Path](#), in her work on "visioning" - **Keep it positive:** The (Founders) DID NOT WRITE - "*We are going to lose our lands, our lives, our fortunes, while trudging through the mud, enduring freezing cold, and dying a slow death from poorly aimed lead bullets.*"

Be ready to manage any darkness literally and figuratively: **Stay alert and watch your steps!** Start with a clear fall vision you share with some friends who will support or nag you to do it!

There were also lots of new laws signed by Governor Brown that will transform elder care in the poorly managed care facilities.

Check out the [California RCFC Reform Act 2014](#) if you are interested.

Next month:

Creative and socially meaningful gifts for all age OWLS.

Announcement of our Driving Safe programs for seniors worried about renewal.

Looking Out for You

Need a motivational speaker?

How about a good laugh?

Michele Jackman

Author | Speaker | Humorist | Trainer

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